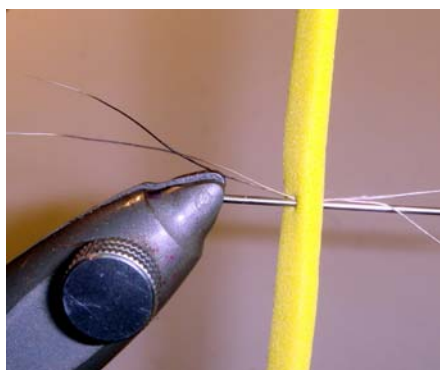
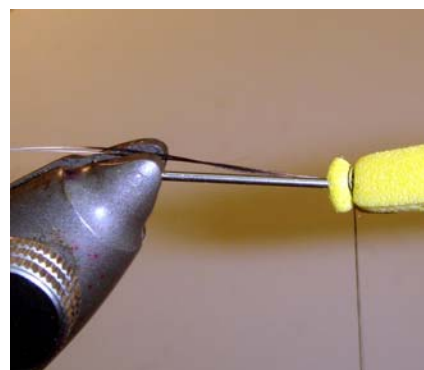


Extended body Mayfly

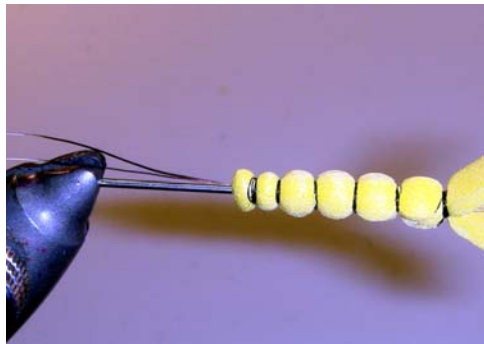
| | |
|--------|-----------------------|
| Hook | TMC103BL 13 |
| Thread | Black 08 |
| Tail | Badger |
| Body | Polycelon foam yellow |
| Thorax | Hare dubbing red |
| Wing | Deerhair |



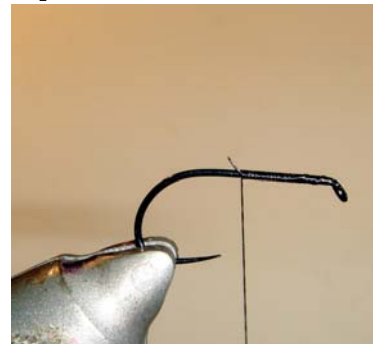
1. With a needle, pull two badger hair into the center of the foam strip
2. Fix the needle ear in the vise



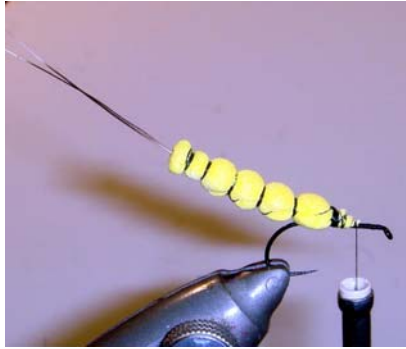
3. Tie-in the thread in front of the foam strip.
4. Flip the upper and lower part of the foam strip towards the point of the needle
5. Wind the first segment of the body (5-6 turns)



6. Wind one turn of thread in front of the foam directly around the needle
7. Then wind the next segment of the body (5-6 turns)
8. Repeat step 6-7 until the extended body is long enough
9. Whipfinish
10. Remove the extended body from the needle



11. Remove the needle from the vise
12. Clamp the hook in the vise
13. Tie-in the thread and wind it to the middle of the hook shank



14. Tie-in the extended body



15. Twist the dubbing on the tying thread
16. Wind thorax on the tie-in point of the extended body



17. Tie-in a bunch of deerhair in front of the thorax



18. Wind the head
19. Whipfinish
20. Add a drop of cement to the head